

2019 Annual Report



Mission Statement

The mission of the Fitchburg Senior Center is to meet the diverse interests and needs of adults, aged 50 and older, by providing a range of programs, volunteer opportunities, services and advocacy that will enrich their quality of life and maintain their independence.



2019 Staff

| | |
|--|----------|
| Jill McHone, Director | 40 hours |
| David Hill, Assistant Director | 40 hours |
| Mandi Miller, Volunteer Program & Nutrition Site Manager | 40 hours |
| Amy Jordan, Social Worker | 40 hours |
| Sarah Folkers, Social Worker | 40 hours |
| Suzie Jones, Office Assistant | 40 hours |



2019 Fitchburg Senior Center Friends

Judy Christie - Chairperson
Marcia Griskavich - Vice Chairperson
Robert Hillner - Treasurer
Judy Broad - Secretary
Judith Hirsch
Roger Elver
Scotty Sheets
Sandy Ermis

Kathy Sosnouski
Lee Ihlenfeldt
Sharon Trimborn
Bill Horns
Jack Pinkert
Kay Phistry
Diane Schmidt
Bob Rottman



Commission on Aging

Dorothy Krause, Council Rep
Jim Sosnouski, Chair
Ruth Domack, Vice Chair
Alice Jenson
Barbara Rottman
Laura Portz
Don Ashbaugh

Year in Review

The Senior Center helps our community of older adults age well and be well. How one defines successful aging is an individual choice, but if the definition includes any of the following, the Senior Center is here to help:

Connecting with others
Life-long learning
Health screenings
Support groups
Leadership opportunities

Volunteering
Exercise/Wellness Classes
Nutritious Meals
Music
Social Services

The Senior Center is thankful for support from the City of Fitchburg, Dane County and the Fitchburg Senior Center Friends. Our department recognizes the importance of fiscal responsibility and is proud of the revenue we are able to generate and the outside help we receive.

In 2019 the Senior Center collected:

\$40,000 in program revenue and room fees

\$80,000 in funding from Dane County for our case management and nutrition programs

\$16,000 in support from the Fitchburg Senior Center Friends

In 2020 the Senior Center will continue to serve as a focal point in the community through new partnerships, new programs, increased outreach and expanded services.

2019 Social Work Program Report:

Social Work services include three types of contacts: Case Management (CM), Information & Assistance (I & A), and Medicaid CM. CM services are provided to seniors who need ongoing monitoring and services for an indefinite period of time in order to remain independent in their homes. I & A services are provided to seniors who are in need of one-time or sporadic information and/or assistance. Medicaid CM services are case management services provided to individuals who have Wisconsin Medicaid.

2019 Data

- CM – 1,540.5 hours (320 unduplicated clients)
- I & A – 768.5 hours (391 unduplicated clients)
- Medicaid CM – 513 hours (34 unduplicated clients)

2019 Program Snapshot

It was another great year for programming. The Senior Center consistently utilizes every room on the lower and upper levels of the community center, Monday through Friday 8:00 a.m.—4:00 p.m. Below is the total number of participants in each service category in which we provide. Health and Wellness includes aerobics, yoga, pickleball, massage, foot care and many more. Social leisure includes cards, movies, live entertainment and social connections on a daily basis. Education rounds it out with lectures, tech classes and special speakers.

Participants In The Three Major Program Categories

674

Health & Wellness

408

Social & Leisure

407

Education

539
unduplicated

925 weekly
participants

2019 Senior Nutrition Program Report:

Congregate Meals: 6,089

Home-Delivered Meals: 7,375

Total: 13,464 meals served



2019 Senior Transportation:

Total rides includes meal site & shopping: 2,269

Total Riders: 62

2019 Volunteer Program Report:

Total Volunteers: 230

Total Hours Served: 16,000



